



# THE TAUTOKO RANGATAHI Times

Welcome to 2020! Can you believe this is the third year for the #BeFitKids program, and in June 2020 it will be Tautoko Rangatahi Trust's 3rd Birthday? So many things we have experienced, been involved in and learnt in that time. 2020 is bound to gift us a whole load more lessons and experiences. We cannot wait... BRING IT ON!

## The #BeFitKids Program

The end of 2019 saw us say farewell to several of our #BeFitKids, some of which have been with us for some time. We wish those children all the best in their new adventures. This also means, we have welcomed some new #BeFitKids in 2020. We hope that those who have joined us this year continue to enjoy the hot and sweaty ride with us.

We aim to continue to challenge our #BeFitKids with many surprises and challenges throughout the year. We are aiming to encourage participation in several competition opportunities throughout the year for those who are ready to "take it up a notch". We know we will see some amazing achievements during 2020, and we are off to a flying start with some major goals already achieved in the first four short weeks!

Please note the end date of C1 is Wednesday 8th April and start date of C2 is Wednesday 29th April due to stat holidays.

## DJBB Dance Party Fundraiser

On Friday the 13th of March, we will be holding a fundraising dance party/disco at the South Taranaki RSA Hall. This event will be split in to two segments; 5pm - 6.30pm for 5 - 10 year olds & 7pm - 8.30pm for 11 - 17 year olds. The different time slots allow a more age appropriate experience for the children.

Ticket prices will be \$5 presale or \$6 at the door. This price includes a FREE drink or food item on redemption of ticket. Wrist bands will be issued with tickets and must be worn on the night. There will be food and drink items available to purchase, as well as LED light items and glow sticks.

Presale tickets are available to purchase at **Caffeinate Hawera**, or by contacting us via email or on our Facebook page.

**Please note:** Cordons will be in place, children will be unable to exit the cordons or leave the venue without a Parent or Caregiver physically present to collect their child. Exemptions available for children 14 or older - please notify. Contact numbers are requested on ticket purchase in case of emergency.

**A massive shout out to the South Taranaki RSA for providing the use of their hall free of charge, thank you!**

## Cohort 1 Sponsors

Thank you to this cohort's sponsors. We couldn't do this without each and every one of you:

Active Electrical Suppliers Ltd, Alison Smith - MGFN Hawera Real Estate, Caffeinate Hawera, Cooks Honda, D.R. Jack Gray Ltd, Evergreen Plumbing Gasfitting and Drainlaying LTD, Fortitude - Functional Strength & Conditioning, Hawera Glass And Panel Ltd, La Nuova Dry Cleaning, MARdesignz, Morrisson's Bar & Restaurant, Nix Dungeon, Scott Roberts - Selwyn Metcalfe Real Estate, The Groomsman, TNT - Tattooed Nail Tec & Tommo's Tyres.

Please show your gratitude to our sponsors by utilising and recommending their products and services.

## #BeFitKids February Athlete Profile

Name: **Koha**

Age: **12**

How long have you been a part of the #BeFitKids: **Four Cohorts**

What was your reason for joining the #BeFitKids: **To get better at sports and get fitter**

What have you gained from the #BeFitKids Program:

**I have gotten way stronger and have developed my weightlifting skills a lot**

What's your proudest moment as a #BeFitKid: **Achieving my 80kg Deadlift goal last week**

Photo 1: Koha



Photo 2: Cohort 1 #BeFitKids



## A HUGE THANK YOU TO OUR COHORT 1 SPONSORS



## UPCOMING EVENTS:

#BeFitKids Classes - Every Monday, Wednesday and Friday during the school term, 4pm - 5pm

DJBB Dance Party Fundraiser

Friday 13th March

5-6.30pm, 5-10 year olds  
7-8.30pm, 11-17 year olds  
Hawera RSA Hall

End Cohort 1

8th April 2020

Start Cohort 2

29th April 2020

Tautoko Rangatahi Trust

Registered Charity #CC55600

[www.tautokorangatahi.org.nz](http://www.tautokorangatahi.org.nz)

[www.facebook.com/tautokorangatahi](https://www.facebook.com/tautokorangatahi)

[admin@tautokorangatahi.org.nz](mailto:admin@tautokorangatahi.org.nz)



**TAUTOKO RANGATAHI TRUST**  
Presents...

**DJBB**

**FRIDAY 13TH MARCH**

**Fundraiser Dance Party - Hawera RSA Hall**

All funds raised are re-invested in to our youth program

**5-10 years 5pm-6.30pm**

**11-17 years 7pm-8.30pm**

**Tickets \$5 pre-sale, \$6 at door**  
1x free drink or food item on redemption of ticket

**Wristbands will be issued with tickets  
and must be worn to gain entry**



Check our FaceBook page for more info [www.facebook.com/TautokoRangatahi](http://www.facebook.com/TautokoRangatahi)